**Who should get a COVID-19 test?**

Getting a COVID-19 test is the only way to confirm whether or not you have COVID-19.

We are now encouraging everyone to get tested, even if you don’t show any symptoms of the disease.

You should get a COVID-19 test if:

- You have symptoms of COVID-19
- Someone you live with, or who you have spent time with, has tested positive for COVID-19, and/or has COVID-19 symptoms
- You need a negative test result to return to work or school, or to travel
- It’s been a while since you’ve had a COVID-19 test, or you have never had a COVID-19 test
- You want to know your COVID-19 status, for any reason

**I don’t have any symptoms associated with COVID-19, why should I get tested?**

Studies have shown that many infected people show no symptoms of the disease, therefore it’s possible that thousands of infected people could unknowingly spread the disease.

As more people are tested, we will be able to see how the disease is progressing and affecting specific areas of our community.

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**Information on Testing**

Community COVID-19 testing sites are being held throughout San Bernardino County.

We recommend going to the COVID-19 testing website: [sbcovid19.com](http://sbcovid19.com), to find a testing site near you and make an appointment. All County testing sites allow walkups.

Testing takes 10-15 minutes, but sometimes there is a wait time so please be prepared. Wearing a face covering to your appointment is required.

PCR (swab) testing tells us whether someone has an active coronavirus infection. This test is done by collecting a sample from the upper nasal passages or the back of the throat.

Test results are usually available within 48 hours, but can be up to 3-5 days. Test results are delivered to the participant via patient portal or other electronic means such as email or text message. Information regarding the delivery of test results will be provided at the test location.

For more information on testing call 909-387-3911 or go to SBCOVID19.com
FIGHT COVID, GET TESTED.

Testing for COVID-19 slows the spread of the disease and helps open our economy.

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