KNOW THE 5 STEPS TO SLOW THE SPREAD

For general information and resources about the virus call: 909-387-3911 or go to SBCOVID19.com

1. Wear a Mask
   Wear a mask correctly when you’re in public.

2. Keep Physical Distance
   Stay 6 FT. apart, physical distancing reduces spread of virus.

3. Wash your Hands
   Wash your hands thoroughly for 20 seconds.

4. Clean and Disinfect
   Clean frequently touched surfaces daily.

5. Stay Home if you’re Sick
   Monitor your health daily. Staying home saves lives.
WEAR A
MASK
STOP THE SPREAD.
WASH YOUR HANDS FOR 20 SECONDS.
KEEP SOCIAL DISTANCE
STOP THE SPREAD.
6 FT. APART
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