Families Learning Together
Early Childhood Education and School Readiness

HIPPY & PHCP Programs:

**Home Instruction for Parents of Preschool Youngsters (HIPPY)** utilizes home visits and group meetings as the main method to allow parents to empower themselves.

**The Parent-Child Home Program (PCHP)** aims to enhance the quality of parent-child verbal and non-verbal interaction (including enhanced vocabulary, a reduction in discouragements, and an increase in encouragements by parents) and the quantity of parent-child interaction to promote children’s cognitive and social-emotional development and language and early literacy skills.

**Concern:**
- El Sol recognizes that children need support in the learning process, but parents are too often left out of this process. Research shows that parental involvement in education is critical to a child’s success in school, and HIPPY helps parents to get involved and stay involved.
- Focusing on families challenged by poverty, isolation, language and literacy barriers, and limited educational opportunities, PCHP prepares children and families for school success and high school graduation. Trained home visitors model reading, play, and conversation activities using books and educational toys that are gifts to the family.

**The Strategy:**
- The 30-week HIPPY curriculum is a direct instruction program focusing on language development, problem solving, perceptual discrimination, and other pre-academic skills. HIPPY programs serve families from a wide variety of racial, ethnic, and cultural backgrounds.
- The PCHP program also aims to connect families to other educational and social service resources in the community as needed. Referrals can be made to early intervention services, adult education services, domestic violence programs, and mental health services, among other programs. All program sites help families register their graduating children for preschool and/or child care.

**Impact:**
**Engaged 1,995** community residents who participated in structured education presentations on school readiness and health outcomes of children between 0-5 years.
Scores on the Bracken School Readiness Assessment, which assesses knowledge of important concepts to indicate what a child knows in preparation for school, were on average 62% in the pre-assessment and 74% for post-program results. El Sol Families Learning Together also uses tests such as 1) ASQ-3 = 5 Dev. Areas: Communication, Gross / Fine Motor, Problem Solving, Personal-Individual 2) PPV-III 3) Preschool Language Scale (PSL-5) 4) Kindergarten Student entrance profile (KSEP) 4) Test of Early Language Development (TELD) 5) Adult-Adolescent Parenting Inventory (AAPI-2) and parenting Stress index-Short Form (PSI-4).

During fiscal year 2015-2016 at El Sol, a total of:
- 320 participants took part in the HIPPY program
- 171 participants took part in the PCHP program.

During fiscal year 2018-2019 at El Sol, a total of:
- 415 participants took part in the HIPPY program
- 321 participants took part in the PCHP program.

Of the participants, 83% received an ASQ-3 and ASQ-SE at the beginning of the HIPPY program.

On average 88% of pre-assessments were completed in the PCHP program.

Assessments include the ASQ-3, ASE SE, AAPA-A/C, PSI-4, CBT, Bracken and PACT.

Participant scores on the PACT (Parent and Child Together) IMPROVED BY 34% from the pre; mid and post test within 27 weeks. The PACT measures the quality of parent-child interactive.

After one cycle of home visits, the children scores on CBT improved from 63% to 81%.

The Child Behavior Traits (CBT) predicts school performance and measures the child’s socio-emotional cognitive development based on responsible independence, social cooperation, cognitively related skills, emotional stability, and task orientation.

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Overall, 93% of participants reported a positive change in attitude towards early childhood education, pregnancy, mother child bonding-attachments, and parenting.

89% of the parents show an increase of 31% on the Parenting Stress form on parent-child dysfunctional interaction after the intervention of our CHWs/promotores.

Home visitors provided the following referrals to clients.
- Services for expectant mothers
- Regional Center/Child development
- Pediatrician/primary provider
- Dental
- Speech Therapy
- Family/Marriage Counseling/Therapy
- Quit smoking for parents
- Affordable housing
- Mental Health
- Early Intervention
- Community Health/Clinic

Of the 171 clients that started the PCHP program, 129 families completed the program fully and did not miss any visits (76%).

983 visits are made by our CHWs/promotores per month to all of the families who participated in the program.