

# Community Health Worker/Promotor TRAINING CENTER



## The Mission:



- Facilitate Community Health Worker/Promotor (CHW/P) capacity to serve as catalysts for change through a holistic and transformative learning approach.
- Enable transformation through relevant blended opportunities that ensure continuous growth in CHW/Ps identity and proficiency as community agents of change.

## Approach and Training Principles:



### HOLISTIC & INTEGRATIVE TRAINING

Our holistic and integrative training approach focuses on the transformation of hearts, minds and actions of CHW/Ps. Prioritizing emotional readiness and resiliency is at the core of all training and practice; therefore, emotional development, self-growth, and adaptability of each CHW/P is the principal focus at El Sol.



### POPULAR EDUCATION

Following the basic elements of popular education, our community education relationship between facilitators and learners is parallel. We recognize CHW/Ps are community experts, and as a training center we embrace this expertise. The trainings and practice reflect the direct needs of the community; and since the CHW/Ps are the source of concrete experience, they are involved in the planning and facilitation at El Sol.

Trainings are inclusive of individual experience, and the CHW/Ps are given the opportunity to share their own stories, realities, and connect their experience to their knowledge and skill-building, as needed. By creating a safe space that promotes individuality, reflection on individual experiences, shared analysis, we foment a learning environment that is holistic in nature and allows a true and authentic integrative learning process. Group-learning drives our trainings, and beyond the learning process, solidarity drives our practice.

## Did you know?

El Sol has trained more than 300 CHWs/Ps and has developed strategic programs to provide community members with health outreach, education, and referrals to essential and preventive health services.

### CHWS/Ps Working in Clinical Settings

El Sol has 19 training modules and 400 hours of training for CHWs/Ps working in clinical settings. The model integrates CHWs/Ps as members of primary care teams in healthcare settings.

### TRAINING PROCESS

We incorporate CHW/Ps in the development of training material, delivery, practice, and evaluation, to ensure relevance during the transformative learning process.

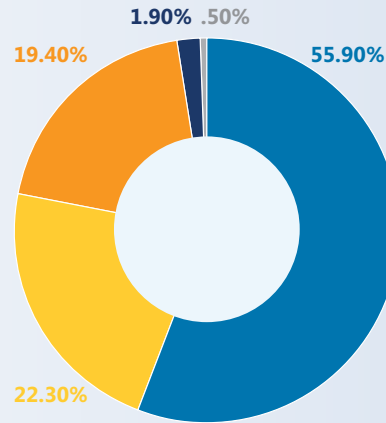
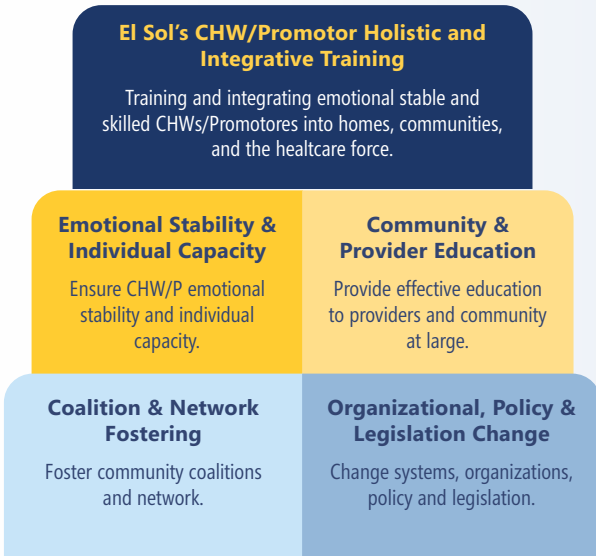
Through exposure to direct CHW/Ps experiences, skill-building, and fieldwork, we ensure that every CHW/P has the opportunity to learn and apply popular education and non-traditional methods to analyze and create new solutions and ideas for action; successfully addressing health disparities in vulnerable communities.

### EL SOL CHW/PROMOTOR TEACHING MODEL



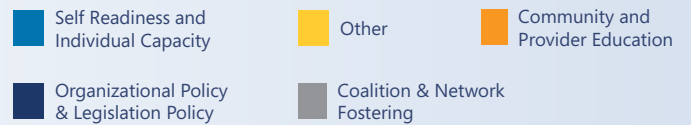
# El Sol Trainings and the Spectrum of Prevention

Complete training modules, specifically the learning objectives, are mapped against the Spectrum of Prevention levels to maximize preventative efforts.



## OUR TRAINING MODULES AND THE SPECTRUM OF PREVENTION LEVELS

El Sol currently has 211 modular training material that emphasizes all Spectrum of Prevention levels.

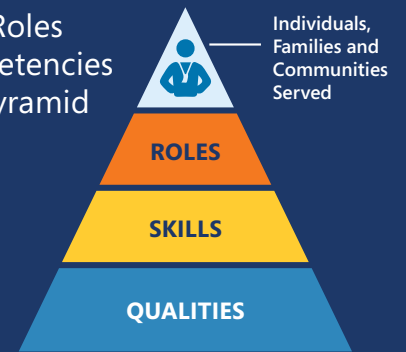


## Roles and Competencies:

All of El Sol's trainings are mapped using CHW Roles and Competencies from the Community Health Worker Core Consensus (C3) Project. During the training development process, all material is mapped to competencies and sub-competencies, thus reflecting learning objectives that build on qualities, skills and roles of CHW/Ps. We continuously assess and update training material to strengthen CHW/Ps knowledge and aptitude, and thus successfully address current community needs with proficient CHW/Ps.

By continuously engaging in developing new, and updating past training material, we ensure that CHW/Ps are exposed to content that reflect training experience, as well as emerging community health promotion needs.

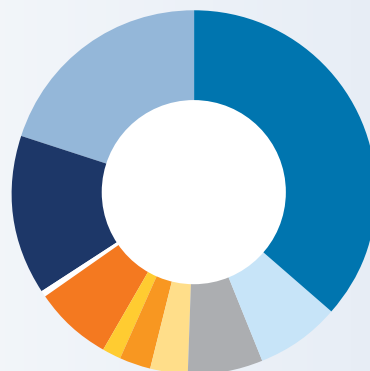
## CHWs/Ps Roles and Competencies Support Pyramid



## ROLES AND COMPETENCIES OVERVIEW

CHWs/Promotores Training Center has 211 training modules and are identified as being knowledge-based-knowledge competency. Some topics include CHW/Promotor and roles, health care systems, health prevention, health systems, mental health and eating habits, nutrition, physical activity, public health, reproductive health, stress management, tobacco, alcohol, drugs, and domestic violence, asthma, diabetes, emergency preparedness and others.

All training modules adhere to the Community Health Worker Core Consensus Project (C3) CHW Roles and Competency.



If you are interested and want to learn more about CHWs/Promotores Training Center call us at: Tel. 909-884-3735, Email: [elsolnec@elsolnec.org](mailto:elsolnec@elsolnec.org) or visit us online at: [ElSolNEC.org](http://ElSolNEC.org)