

COMMUNITY HEALTH WORKERS/PROMOTORES WORKING IN CLINICAL SETTINGS IN ONTARIO



The Strategy:



- El Sol Community Health Workers/Promotores (CHWs/Promotores) provided services to 142 Ontario residents who were underinsured and with whom the majority lacked a medical home.
- CHWs/Promotores and volunteer clinical staff tracked participants for clinical measurements including BMI, blood pressure, total cholesterol levels and weight, as well as for behavioral drivers such as health knowledge, physical activity and readiness to make health changes in the participants' lives.

The Participants:

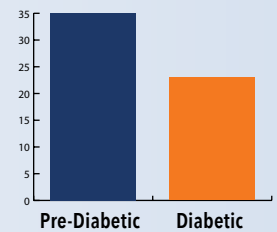


104
Female

39
Males

Average age was 43 years old.

35 (25%) of the participants were pre-diabetic and 23 (26%) were diabetic (n=142), as indicated by Fasting Plasma Glucose Tests administered at Know Your Number events (baseline, mid-term-3 months and 6 months).



The Outcome/Impact:



60%

of Case Management participants indicated that they would make Ontario Health Center (OHC) their medical home.

Of those who participated in Case Management:



56%

Improved their Glucose



56%

Improved their Total Cholesterol



44%

Improved their Blood Pressure



44%

Lost weight (<1 pound): 56%

Average weight loss for those who lost <1 or more: 5

Impact Beyond Participants:

The project provided a framework for further development of CHWs/Promotores working in clinical setting as a viable and respected and para-professional healthcare workforce that is proving that community-based health interventions can result in health improvements and improved access to care using Federally Qualified Health Centers.



July 2019 – June 2020, San Bernardino County